FLIGHT APPRENTICE

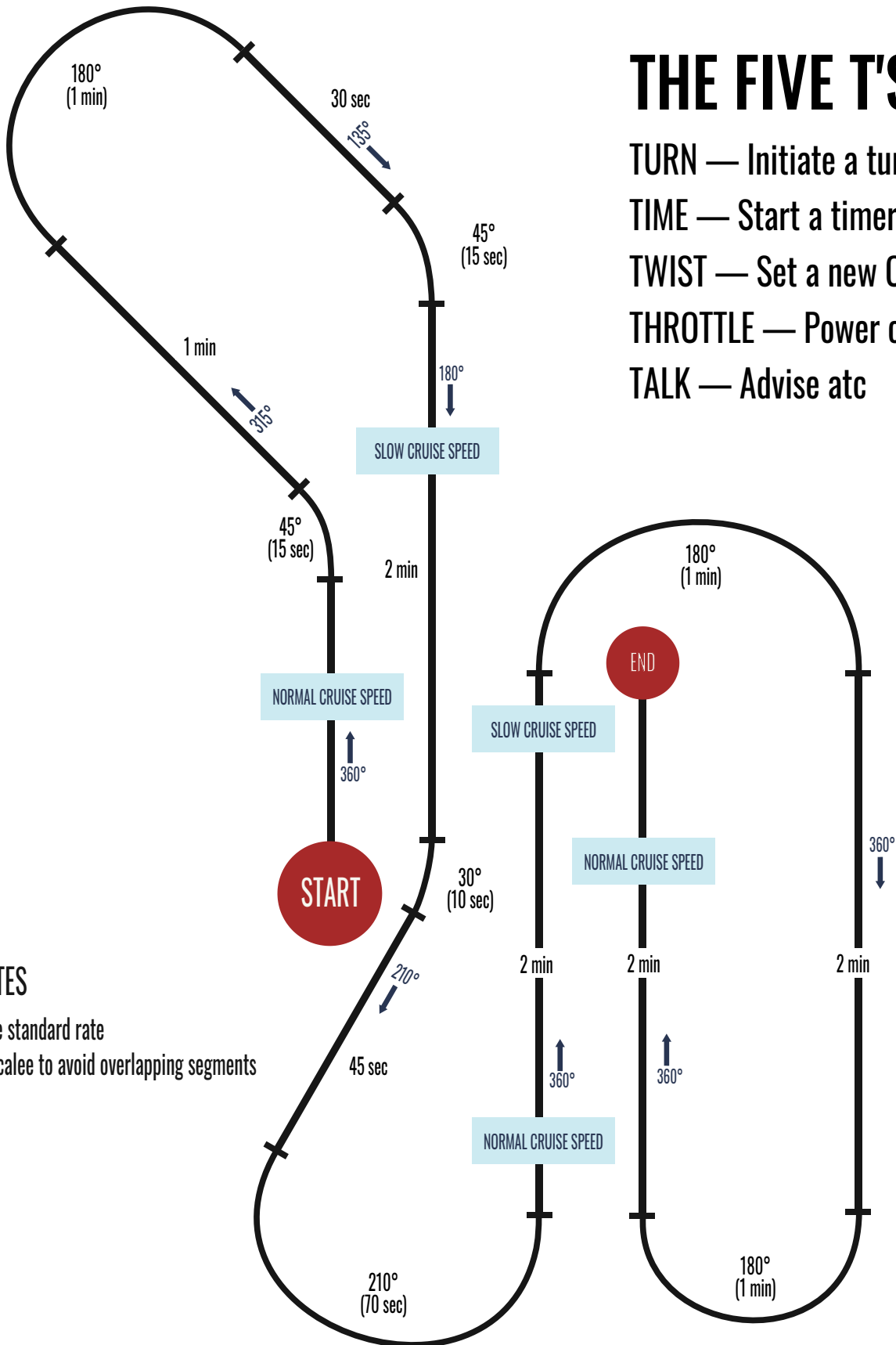# Pattern Alpha

THE FIVE T'S

TURN — Initiate a turn

TIME — Start a timer

TWIST — Set a new OBS course

THROTTLE — Power changes

TALK — Advise atc

180°
(1 min)

30 sec

135°

45°
(15 sec)

1 min

315°

180°

SLOW CRUISE SPEED

45°
(15 sec)

2 min

NORMAL CRUISE SPEED

360°

START

30°
(10 sec)

210°

45 sec

NOTES

— All turns are standard rate

— Drawn off-scalee to avoid overlapping segments

180°
(1 min)

END

SLOW CRUISE SPEED

NORMAL CRUISE SPEED

360°

2 min

2 min

2 min

360°

360°

NORMAL CRUISE SPEED

210°
(70 sec)

180°
(1 min)